The First Sunday Antiphon

Shout to the Lord, all the earth: sing now to His name, give glory to His praise.

Through the prayers of the Mother of God, O Savior, save us.

Say unto God, "How awesome are your works! Because of the greatness of Your strength Your enemies will flatter You."

Through the prayers of the Mother of God, O Savior, save us.

Let all the earth worship You and sing to You, let it sing to Your name, O Most High.

Through the prayers of the Mother of God, O Savior, save us.

The Third Sunday Antiphon

Come, let us sing joyfully to the Lord, let us acclaim God, our Savior. Son of God, risen from the dead, save us who sing to You: Alleluia.

Let us come before His face with praise, and acclaim Him in psalms. Son of God, risen from the dead, save us who sing to You: Alleluia.

For God is the great Lord and the great king over all the earth. Son of God, risen from the dead, save us who sing to You: Alleluia.

Come, let us worship and fall down before Christ. Son of God, risen from the dead, save us who sing to You: Alleluia.

Tropars

When You went down to death, O Life Immortal,* You struck Hades dead with the blazing light of Your divinity.* When You raised the dead from the nether world, all the powers of heaven cried out:* "O Giver of Life, Christ our God, glory be to You!"

Glory be to the Father and to the Son and to the Holy Spirit.

You arose from the tomb, O almighty Savior;* and Hades, seeing this in wonder, was stricken with fear; and the dead arose.* Creation saw and rejoices with You, and Adam exults.* And the world, my Savior, sings Your praises forever.

Now and for ever and ever. Amen.

The tomb and death could not hold the Mother of God,* unceasing in her intercession and an unfailing hope of patronage,* for as the Mother of Life she was transferred to life by Him* who had dwelt in her ever-virgin womb.

Apostolos (Romans 5:1-10)

<u>Prokimenon:</u> My strength and my courage is the Lord,* and he has been my Savior.

<u>Stichon:</u> The Lord has chastised me through his teaching,* yet he has not delivered me to death.

Reading from the Epistle of St. Paul to the Romans:

Brethren, now that we have been justified by faith, let us have peace with God through our Lord Jesus Christ, through whom we have access by faith to that grace in which we stand and exult in the hope of God's glory.

And not only this, but we exult also in tribulations, knowing that tribulation produces endurance, and endurance challenge, and challenge hope, and hope does not deceive, for God's love is poured forth in our hearts through the Holy Spirit who has been given to us.

For why did Christ die at the appointed time for the wicked while we were still weak? Hardly would someone die for a just man; perhaps someone would have the courage to die for a virtuous man. But God proves his love for us, since Christ died for us while we were still sinners. Much more now that we are made just in his blood, shall we be saved by him from wrath.

For if, while we were enemies, we were reconciled with God through his death, much more, now that we are reconciled, shall we be saved by his life.

Alleluia: May the Lord answer you in the day of distress;* may the name of the God of Jacob defend you.

Stichon: O Lord, save your people* and bless your inheritance.

Gospel: (Matthew 6:22-33)

The Lord said: "The lamp of the body is the eye. If your eye is sound, your whole body will be filled with light; but if your eye is bad, your whole body will be in darkness. And if the light in you is darkness, how great will the darkness

be. No one can serve two masters. He will either hate one and love the other, or be devoted to one and despise the other. You cannot serve God and mammon. Therefore I tell you, do not worry about your life, what you will eat (or drink), or about your body, what you will wear. Is not life more than food and the body more than clothing? Look at the birds in the sky; they do not sow or reap, they gather nothing into barns, yet your heavenly Father feeds them. Are not you more important than they? Can any of you by worrying add a single moment to your life-span? Why are you anxious about clothes? Learn from the way the wild flowers grow. They do not work or spin. But I tell you that not even Solomon in all his splendor was clothed like one of them. If God so clothes the grass of the field, which grows today and is thrown into the oven tomorrow, will be not much more provide for you, O you of little faith? So do not worry and say, 'What are we to eat?' or 'What are we to drink?' or 'What are we to wear?' All these things the pagans seek. Your heavenly Father knows that you need them all. But seek first the kingdom (of God) and his righteousness, and all these things will be given you besides."

Instead of: "It is truly right..."

No change. We sing "It is truly right..."

Kinonikon

Praise the Lord from the heavens;* praise him in the highest.

Alleluia, Alleluia, Alleluia.