

The First Sunday Antiphon

When Israel and Jacob's children came forth from Egypt, out from a barbarian people,* Judah became his sanctuary, Israel became his domain. Through the prayers of the Mother of God,* O Savior, save us.

The sea saw God's people coming and parted for them;* when the Jordan saw them coming, its running waters ceased to flow. Through the prayers of the Mother of God,* O Savior, save us.

Why is it, O sea, that you parted,* and what caused you, O Jordan, to turn back your flow? Through the prayers of the Mother of God,* O Savior, save us.

The Third Sunday Antiphon

Come, let us sing joyfully to the Lord, let us acclaim God, our Savior. Son of God, baptized by John in the Jordan, save us who sing to You: Alleluia.

Let us come before His face with praise, and acclaim Him in psalms. Son of God, baptized by John in the Jordan, save us who sing to You: Alleluia.

For God is the great Lord and the great king over all the earth. Son of God, baptized by John in the Jordan, save us who sing to You: Alleluia.

*****Entrance*****

Come, let us worship and fall down before Christ. Son of God, baptized by John in the Jordan, save us who sing to You: Alleluia.

Tropars

Angelic powers were upon Your tomb and the guards became like dead men;* Mary stood before Your tomb seeking Your most pure body.* You captured Hades without being overcome by it.* You met the Virgin and granted life.* O Lord, risen from the dead,* glory be to You!

At your baptism in the Jordan, O Lord,* worship of the Trinity was revealed,* for the voice of the Father bore you witness by calling you beloved son.* And the Spirit, in the form of a dove, confirmed the truth of these words.* O Christ God, you manifest yourself and enlighten the world;* glory to you.

O blessed Theodosius, from your youth you presented yourself to God as a spotless sacrifice,* cultivating piety and the practice of virtue.* You were an inspiration for monastics and a worthy citizen of the desert.* And so we cry out to you: Rejoice Theodosius, for you acquired true wealth.

With His life-giving hand Christ our God, the Giver of life,* raised all the dead from the murky abyss and bestowed resurrection upon humanity.* He is for all the Savior, the resurrection and the life,* and the God of all.

Glory be to the Father and to the Son and to the Holy Spirit.

You were planted in the garden courts of your Lord,* and blossomed forth in sanctity with admirable virtues.* You multiplied your spiritual children of the desert*, quenching their thirst with the abundant tears of your compunction.* O leader of the flock, in acclaiming you we cry out:* Hail, holy father Theodosius.

Now and for ever and ever. Amen.

Today you manifest yourself to the universe* and your light, O Lord, shines upon us.* And in our understanding, rightly do we sing out to you:* O Light inaccessible! You have come and manifested yourself.

Apostolos (Ephesians 4:7-13)

Prokimenon: May your kindness, O Lord, be upon us,* for we have hoped in you.

Stichon: Exult, you just, in the Lord;* praise from the upright is fitting.

Reading from the Epistle of St. Paul to the Ephesians:

Brethren, to each one of us the grace was given according to the measure of Christ's bestowal. Thus it says, *Ascending on high, he led away captives; he gave gifts to men.* Now this *ascending*, what does it mean but that he also descended first into the lower parts of the earth? He who

descended, he it is who ascended also above all the heavens, that he might fill all things. And he himself gave some men as apostles, and some as prophets, and others as pastors and teachers, in order to perfect the saints for a work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the deep knowledge of the Son of God, to perfect manhood, to the mature measure of the fullness of Christ.

Alleluia: Your favor, O Lord, I will sing forever;* from generation to generation, my mouth will proclaim your faithfulness.

Stichon: For you have said, "My kindness is established forever."* In heaven you have confirmed your faithfulness.

Gospel: (Matthew 4:12-17)

When Jesus heard that John had been arrested, he withdrew to Galilee. He left Nazareth and went to live in Capernaum by the sea, in the region of Zebulun and Naphtali, that what had been said through Isaiah the prophet might be fulfilled: "Land of Zebulun and land of Naphtali, the way to the sea, beyond the Jordan, Galilee of the Gentiles, the people who sit in darkness have seen a great light, on those dwelling in a land overshadowed by death light has arisen." From that time on, Jesus began to preach and say, "Repent, for the kingdom of heaven is at hand."

Instead of: "It is truly right..."

Extol, my soul* Christ the King, who was baptized in the Jordan.

No tongue can fittingly sing your praises.* Even superior intelligences far above our world appear feeble* when they praise you, O Mother of God.* But in your goodness, accept our faith;* for you see the Godly love we bear towards you,* as you are the Patroness of Christians.

Kinonikon

The grace of God has appeared* bringing salvation to all people.
The righteous will be remembered forever.* They have no fear of evil reports.

Alleluia, Alleluia, Alleluia.