The First Sunday Antiphon

Shout to the Lord, all the earth: sing now to His name, give glory to His praise.

Through the prayers of the Mother of God, O Savior, save us.

Your thunderous voice resounded in the whirlwind, your lightning illuminated the world, the earth quivered and quaked. Through the prayers of the Mother of God, O Savior, save us.

You are clothed with glory and majesty, you robe yourself with light as with a cloak.

Through the prayers of the Mother of God, O Savior, save us.

The Third Sunday Antiphon

Come, let us sing joyfully to the Lord, let us acclaim God, our Savior. O Son of God, transfigured on the mountain, save us who sing to You: Alleluia.

Let us come before His face with praise, and acclaim Him in psalms. O Son of God, transfigured on the mountain, save us who sing to You: Alleluia.

For God is the great Lord and the great king over all the earth. O Son of God, transfigured on the mountain, save us who sing to You: Alleluia.

Come, let us worship and fall down before Christ. O Son of God, transfigured on the mountain, save us who sing to You: Alleluia.

Tropars

You came down from on high, O Merciful One,* and accepted three days of burial to free us from our sufferings.* O Lord, our life and our resurrection,* glory be to You.

When you were transfigured on the mountain, O Christ God,* you showed your disciples as much of your glory as they could possibly bear.* Through

the prayers of the Mother of God let your everlasting light now shine forth for us sinners.* O Giver of light, glory to you.

Glory be to the Father and to the Son and to the Holy Spirit.

When You arose from the tomb,* You also raised the dead and resurrected Adam.* Eve exults in Your resurrection and the ends of the world celebrate Your rising from the dead,* O most merciful One.

Now and for ever and ever. Amen.

When you were transfigured on the mountain, O Christ God,* your disciples saw as much of your glory as they could bear,* so that when they look upon you being crucified,* they will understand that you suffer freely,* and they will proclaim to the world* that you are indeed the radiant reflection of the Father.

Apostolos (1 Corinthians 3:9-17)

Prokimenon: Make vows to the Lord your God and fulfill them;* let all round about him bring gifts to the awesome Lord!

<u>Stichon</u>: God is renowned in Judah;* in Israel, great is his name.

<u>Reading</u> from the First Epistle of St. Paul to the Corinthians:

Brethren, we are God's co-workers, you are God's field, God's building. According to God's grace which has been given to me, as a wise builder, I laid the foundation, and another builds upon it. But let everyone be careful how he builds upon it. For other foundation no one can lay, but that which has been laid, which is Jesus the Christ.

But if anyone builds upon this foundation with gold, silver, gems, wood, hay, straw- the work of each one shall be made manifest: for the Lord's day shall declare it, because it shall be revealed in fire; and the work of each man, whoever he be, shall be assayed in fire. If the work any man built on the foundation stands, he shall receive a reward; if someone's work burns down, he shall suffer its loss, yet he himself shall be saved, though only in passing, so to speak, through fire.

Do you not know that you are God's temple, and that God's Spirit lives in you? If anyone destroys this temple of God, God will destroy him: for holy is God's temple, and this [holy temple] you are.

Alleluia: Come let us rejoice in the Lord;* let us sing joyfully to God our Savior!

<u>Stichon</u>: Let us greet his presence with thanksgiving;* let us joyfully sing psalms to him.

Gospel: (Matthew 14:22-34)

At that time Jesus made the disciples get into the boat and precede him to the other side, while he dismissed the crowds. After doing so, he went up on the mountain by himself to pray. When it was evening he was there alone. Meanwhile the boat, already a few miles offshore, was being tossed about by the waves, for the wind was against it. During the fourth watch of the night, he came toward them, walking on the sea. When the disciples saw him walking on the sea they were terrified. "It is a ghost," they said, and they cried out in fear. At once (Jesus) spoke to them, "Take courage, it is I; do not be afraid." Peter said to him in reply, "Lord, if it is you, command me to come to you on the water." He said, "Come." Peter got out of the boat and began to walk on the water toward Jesus. But when he saw how (strong) the wind was he became frightened; and, beginning to sink, he cried out, "Lord, save me!" Immediately Jesus stretched out his hand and caught him, and said to him, "O you of little faith, why did you doubt?" After they got into the boat, the wind died down. Those who were in the boat did him homage, saying, "Truly, you are the Son of God." After making the crossing, they came to land at Gennesaret.

Instead of: "It is truly right..."

Extol,* my soul,* the Lord transfigured on Mount Tabor.

You gave birth, O Mother of God,* without blemish.* God came forth from your womb* and revealed himself on earth* bearing our flesh* and living among his people.* And so all of us* extol you.

<u>Kinonikon</u>

Praise the Lord from the heavens,* praise Him in the highest.

We shall walk in the light of your countenance, O Lord,* and we shall rejoice in your name forever.

Alleluia, Alleluia, Alleluia.