

The First Sunday Antiphon

Shout to the Lord, all the earth: sing now to His name, give glory to His praise.

Through the prayers of the Mother of God, O Savior, save us.

Say unto God, "How awesome are your works! Because of the greatness of Your strength Your enemies will flatter You."

Through the prayers of the Mother of God, O Savior, save us.

Let all the earth worship You and sing to You, let it sing to Your name, O Most High.

Through the prayers of the Mother of God, O Savior, save us.

The Third Sunday Antiphon

Come, let us sing joyfully to the Lord, let us acclaim God, our Savior. Son of God, risen from the dead, save us who sing to You: Alleluia.

Let us come before His face with praise, and acclaim Him in psalms. Son of God, risen from the dead, save us who sing to You: Alleluia.

For God is the great Lord and the great king over all the earth. Son of God, risen from the dead, save us who sing to You: Alleluia.

*****Entrance*****

Come, let us worship and fall down before Christ. Son of God, risen from the dead, save us who sing to You: Alleluia.

Tropars

By Your cross You destroyed death; You opened Paradise to the thief;* You changed the lamentation of the myrrh-bearers to joy,* and charged the apostles to proclaim that You are risen, O Christ our God,* offering great mercy to the world.

Your birth has filled all the universe with joy, O virgin Mother of God,* for from you arose the glorious Sun of righteousness, Christ, our God.* He destroyed the age-old curse and replaced it with a blessing.* For having conquered death, he gives us everlasting life.

Glory be to the Father and to the Son and to the Holy Spirit.

No longer shall the dominion of death be able to hold humanity,* for Christ went down shattering and destroying its powers.* Hades is bound. The prophets exult with one voice.* The Savior has come for those with faith, saying: "Come forth, O faithful, to the resurrection!"

Now and for ever and ever. Amen.

Your holy birth, most pure one,* delivered Joachim and Anne from the shame of childlessness,* and freed Adam and Eve from the corruption of death.* And so we, your people, freed from the guilt of sin,* celebrate this as we cry out: a seemingly barren woman* gives birth to the Mother of God, who nourishes our life.

Apostolos (Galatians 6: 11-18)

Prokimenon: O Lord, save your people* and bless your inheritance!

Stichon: To you, O Lord, I have called:* O my Rock, be not deaf to me!

Reading from the Epistle of St. Paul to the Galatians:

Brethren, see with what large letters I am writing to you with my own hand! All those who want to please in a human way are forcing you to be circumcised merely to avoid persecution because of the cross of Christ. For not even the circumcised observe the Law: but they want you to be circumcised that they may boast of your subjection to external rites. But as for me, God forbid that I should glory save in the cross of our lord Jesus Christ, through whom the world is crucified to me, and I to the world. For in Christ Jesus neither circumcision nor uncircumcision but a new creation is of any account. And whoever follows this rule, peace and mercy be upon them and on God's Israel. From now on, let no man give me trouble, for I bear the marks of the Lord Jesus in my body. The grace of our Lord Jesus Christ be with your spirit, brethren. Amen.

(and Philipians 2: 5-11)

Brethren, have the same attitude as Christ Jesus had, who though he was by nature God, did not consider being equal to God a thing to appropriate, but emptied himself, taking the nature of a slave and becoming like man. And as he appeared in the form of a man, he humbled himself, being obedient to the point of death- even of death on a cross.

Therefore God also has exalted him and he has bestowed on him the name that is above every name, so that at the name of Jesus every knee should bend of those in heaven, on earth and under the earth, and every tongue should confess that the Lord Jesus Christ is in the glory of God the Father.

Alleluia: I have exalted one chosen out of my people.* I have found David my servant, and anointed him with holy chrism.

Stichon: For my hand shall support him,* and my arm shall make him strong.

Gospel: (John 3:13-17)

The Lord said, "No one has gone up to heaven except the one who has come down from heaven, the Son of Man. And just as Moses lifted up the serpent in the desert, so must the Son of Man be lifted up, so that everyone who believes in him may have eternal life." For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through him.

(and Luke 10:38-42 & 11: 27-28)

Now it happened as they went that He entered a certain village; and a certain woman named Martha welcomed Him into her house. And she had a sister called Mary, who also sat at Jesus' feet and heard His word. But Martha was distracted with much serving, and she approached Him and said, "Lord, do You not care that my sister has left me to serve alone? Therefore tell her to help me."

And Jesus answered and said to her, "Martha, Martha, you are worried and troubled about many things. But one thing is needed, and Mary has chosen that good part, which will not be taken away from her."

And it happened, as He spoke these things, that a certain woman from the crowd raised her voice and said to Him, "Blessed *is* the womb that bore You, and *the* breasts which nursed You!"

But He said, "More than that, blessed *are* those who hear the word of God and keep it!"

Instead of: “It is truly right...”

Extol, my soul,* the virgin Mary born of a barren woman.

Strange indeed it would be* if mothers were to retain physical virginity,* and just as strange for virgins in childbearing to know maternity.* But in you, O Mother of God, wondrously we find both maternity and virginity.* And so,* together with all peoples of the earth,* we extol you unceasingly.

Kinonikon

Praise the Lord from the heavens;* praise him in the highest.
I will take the cup of salvation* and call upon the name of the Lord.
Alleluia, Alleluia, Alleluia.