

JUNE 2012

Wellness Programs in Carteret



June 6 5:00 p.m.

Ask the PT: Shoulder Pain

Featuring Therapist Nina Mastrogiacomo

RWJ Rahway Fitness & Wellness, 60 Cooke Avenue, Carteret



June 10 5:30 p.m. to 7:00 p.m.

Reiki Demonstration

Paula Rovinsky, RN, Reiki Master and Holistic Nurse Practitioner

RWJ Rahway Fitness & Wellness, 60 Cooke Avenue, Carteret



June 27 4:30 p.m.

Ask the Diabetes Educator

Gary Paul, Exercise Physiologist and Certified Diabetes Educator

RWJ Rahway Fitness & Wellness, 60 Cooke Avenue, Carteret

Events are FREE but space is limited.

For more information or to register for any of the above programs, call **732.499.6193** or visit us online at **rwjuhr.com**.

ROBERT WOOD JOHNSON
UNIVERSITY HOSPITAL

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