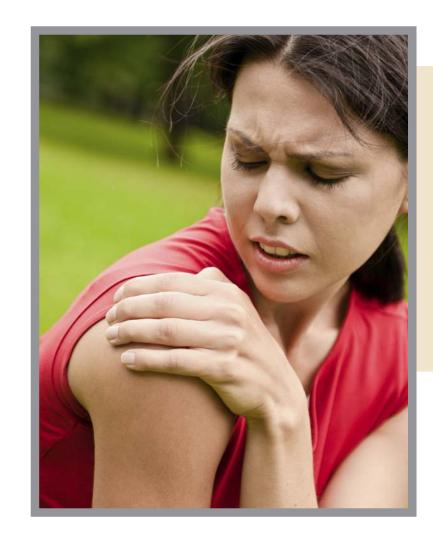
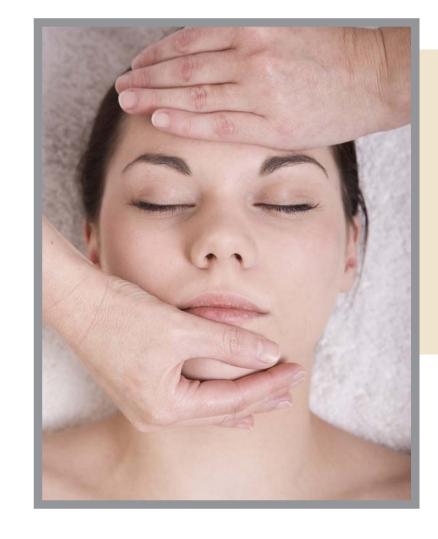
JUNE 2012

Wellness Programs in Carteret

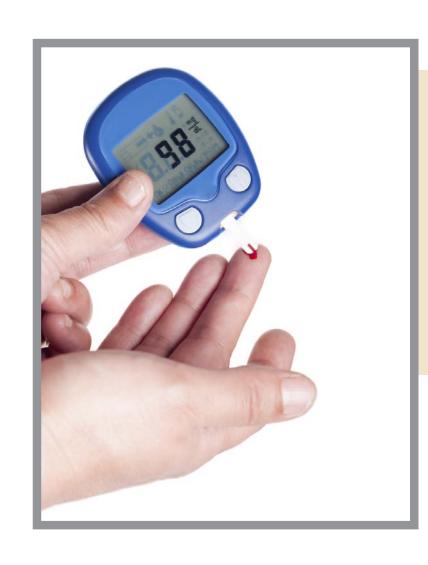


June 6 5:00 p.m.

Ask the PT: Shoulder Pain
Featuring Therapist Nina Mastrogiacomo
RWJ Rahway Fitness & Wellness, 60 Cooke Avenue, Carteret



Reiki DemonstrationPaula Rovinsky, RN, Reiki Master and Holistic Nurse Practitioner **RWJ Rahway Fitness & Wellness, 60 Cooke Avenue, Carteret**



June 27 4:30 p.m.

Ask the Diabetes Educator

Gary Paul, Exercise Physiologist and Certified Diabetes Educator

RWJ Rahway Fitness & Wellness, 60 Cooke Avenue, Carteret

Events are FREE but space is limited.

For more information or to register for any of the above programs, call **732.499.6193** or visit us online at **rwjuhr.com**.

